

# Red Team Essentials: Ethical Hacking in Practice

**Duration: 12 Weeks (3 sessions per week, 2 hours each)**



## WEEKLY COURSE CURRICULUM

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### ♦ Week 1: Cybersecurity Foundations

- What is Cybersecurity? Threat Landscape
  - CIA Triad (Confidentiality, Integrity, Availability)
  - Risk Assessment Basics & Security Frameworks (NIST, ISO 27001)
  - Incident Response & Cybersecurity Career Paths
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### ♦ Week 2: Networking Basics for Security

- OSI Model, TCP/IP, IP Addressing, Ports & Protocols
  - Network Devices, Debugging Network Issues
  - Real-world Use Cases & Best Practices
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### ♦ Week 3: Operating System Security (Windows & Linux)

- OS Security Concepts
  - User Management, File Permissions
  - OS Hardening Techniques & Practical Use Cases
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## ♦ **Week 4: Ethical Hacking & Penetration Testing Intro**

- Hacking Lifecycle, Legal Aspects (IT Act 2000)
  - Penetration Testing Phases & PTES Methodology
  - Rules of Engagement, Client Communication & Ethics
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## ♦ **Week 5: Vulnerability Assessment & Tools**

- Vulnerability Types, CVSS Scores, Nessus Setup
  - Scanning, False Positives, Prioritization
  - Patch Management & Reporting
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## ♦ **Week 6: Web Application Security Fundamentals**

- HTTP/HTTPS, Cookies, Sessions
  - OWASP Top 10 Overview & Web Architecture
  - Proxy Tools (Burp Suite), Authentication & Authorization
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## ♦ **Week 7: SQL Injection Techniques**

- SQL Basics, Types of SQLi (Error-based, Blind, Time-based)
  - Using SQLMap, Payload Crafting
  - Mitigation & Secure Coding
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## ♦ **Week 8: Cross-Site Scripting (XSS)**

- Reflected, Stored, DOM-based XSS
  - Payloads, Filters, Exploitation & Mitigations
  - XSS Auditing Tools
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#### ♦ **Week 9: Advanced Web Attacks**

- CSRF, SSRF, LFI/RFI
  - Insecure Deserialization, File Upload Flaws
  - Session Hijacking, Rate Limiting Bypass
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#### ♦ **Week 10: API & Mobile App Security**

- API Security Concepts, Postman, Burp Suite
  - Android/iOS Architecture, APK/IPA Analysis
  - Frida, SSL Pinning Bypass, Data Storage Risks
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#### ♦ **Week 11: Cloud Security & Advanced Exploitation**

- Cloud Basics (AWS, Azure), IAM, S3 & EC2 Security
  - Exploit Development, Payload Creation
  - AV Evasion, Reverse Engineering, Cobalt Strike, Metasploit
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#### ♦ **Week 12: Real-Time Project & Report Writing**

- Web Recon, Vulnerability Scanning, Exploits
- Report Structure, Technical Findings, Risk Rating
- Final Project Submission & Client-Style Presentation